

CALENDAR

OF EXCHANGE STUDENTS

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2025-2026



■ MAY / JUNE

► FINALIZE YOUR UNIVERSITY ENROLMENT

- Receive your acceptance letter from Jean Moulin Lyon 3 University
- Receive an email to register administratively at the university via the registration portal
- Choose your courses among the SELF courses' options
- Get your course selection approved by your home university and Lyon 3

■ BEFORE YOUR ARRIVAL

► ADMINISTRATIVE PROCEDURES

Check the expiration date of your passport/ID card. For certain procedures (Visa, housing assistance, etc.), you may need a copy of your birth certificate (translated and apostilled for some countries).

VISA

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<https://www.univ-lyon3.fr/titre-de-sejour>

If you are an EU citizen, this process does not concern you.

- Start your visa application if you are not an EU citizen

>>> Apply for a student visa

For students from countries with the «Études en France» procedure: please refer to the visa application information provided on the Campus France website.

<https://www.campusfrance.org/fr/visas-et-cartes-de-sejour>

For students from countries that are not concerned with the «Études en France» procedure: the student should consult the website of the embassy of their country of residence to follow the visa application procedure.

Advice: This process can take several months depending on the country, start it as soon as you receive your acceptance letter from Lyon 3. Once you arrive in France, you must validate your Visa online (only for long-stay visas VLS-TS): <https://administration-etrangers-en-france.interieur.gouv.fr>

FINDING ACCOMMODATION

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Get information at: <https://www.univ-lyon3.fr/se-loger-a-lyon>

- CROUS university residences: www.crous-lyon.fr
- Private university residences
- Apartment rentals (via real estate agency or individual)
- Shared accommodation
- Homestay

Need help?

Associations and organizations can assist you in your search:

- Lokaviz | www.lokaviz.fr

Student housing central offering room or lodging options with individuals

- Lyon Campus | <https://www.lyoncampus.com/>

City of Lyon structure supporting students in all their steps (housing, daily life, residence permit...).

- Le CRIJ | <https://www.lyon.fr/lieu/structures-sociales/centre-regional-dinformation-jeunesse-crij>

Youth information site in Rhône-Alpes offering practical information and offers on aspects of young people's lives.

- Les CLLAJ | www.unclaj.org

Help and advice for housing searches.

- L'Association Internationale Lyon III | <https://associnterlyon3.fr/>

Help finding accommodation in CROUS university residences, private residences, or with a host family. (€20 to join the association and €30 for the file processing fee).

BANKING PROCEDURES

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Check if your bank account and credit card can be used in France. Otherwise, you can open your bank account at any agency.

Three documents are needed to open a bank account:

- An ID;
- Proof of address;
- A certificate of enrollment or student card

While waiting for a permanent address, you can sometimes use the address of the international relations office of your institution.

Also, consider international online banks which are convenient for currency conversion and making euro transfers without fees (Revolut, N26, Boursorama...).

BOOK YOUR TICKETS

Check the start dates by consulting the calendar:

<https://www.univ-lyon3.fr/calendar-self-and-deuf>

- By plane: Lyon St-Exupéry Airport (30 minutes from Lyon by shuttle).

Lyon is served by low-cost airlines like Easyjet.

- By train: Part-Dieu or Perrache stations (in the center of Lyon).

Tickets can be booked on the SNCF website.

- By bus: Flixbus or Blablacar, very affordable prices.

INSURANCE

Certain insurances are mandatory in France:

<https://www.univ-lyon3.fr/etudiants-etrangeurs-assurances-obligatoires>

⇒ HEALTH INSURANCE

- If you are an EU citizen, you can use your European Health Insurance Card valid for the duration of your mobility
- If you are a Quebec student, your RAMQ (Quebec Health Insurance Board) certificate is accepted in France.
- If you are not an EU citizen, you have the choice to either keep your private insurance if it is comprehensive, or to apply for social security affiliation at the nearest Primary Health Insurance Fund (CPAM) to your home for free.

For more information, visit <https://etudiant-etranger.ameli.fr/#/>

You can also contact them by email: etudiant-etranger@ameli.fr

⇒ HOME INSURANCE

Home insurance covers incidents or accidents such as fire, burglary, or water damage. Inquire with a bank, an insurance company, or directly with the private residence managing your accommodation.

⇒ CIVIL LIABILITY INSURANCE

Civil liability insurance covers bodily injuries or property damage you may cause to another person. Proof of this insurance will be required to obtain your student card and to participate in sports. Most of the time, civil liability insurance is included in home insurance. It is also possible to subscribe to private insurance in your country that is valid in France.

PHONE OPERATORS

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Check if you can keep your plan in France or, once in France, visit an operator ([Orange](#), [SFR](#), [Free](#), [Bouygues Telecom](#)...) to get a new number with a SIM card.

■ UPON YOUR ARRIVAL

► MOVING INTO HOUSING

If necessary, open a water and electricity account. Subscribe to an internet provider.

WATER

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Inquire about Eau du Grand Lyon (the only supplier in the Lyon metropolitan area):
<https://www.eaudugrandlyon.com/>

ELECTRICITY

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Consult electricity providers (EDF, Engie...).

WIFI

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Contact an operator if you wish to subscribe to an internet box in your accommodation ([Orange](#), [SFR](#), [Free](#), [Bouygues Telecom](#)...) ...).

At the university, you can connect to the Eduroam network. Follow the guide:
<https://bu.univ-lyon3.fr/se-connecter-au-wifi>

► HOUSING ASSISTANCE

As a student, you may be eligible for housing assistance (if you stay at least 8 months in your accommodation, see conditions on the CAF website):

<https://caf.fr/allocataires/actualites/actualites-nationales/etudiant-etranger-nous-vous-aidons-vous-connecter>

This assistance is paid to you monthly; note that it takes about two months to receive it. This allowance is calculated based on the type of accommodation, rent, resources, and the student's personal situation. To benefit from CAF housing assistance, you will need a social security number on your health card provided by the CPAM (health insurance).

Simple, fast, and secure, your housing assistance application must be made online:

<https://www.caf.fr/allocataires/aides-et-demarches>

► TRANSPORTS

Prepare your TCL subscription (Lyon public transport) on the website:

<https://www.tcl.fr/tickets-abonnements/titres-et-tarifs>

For students aged 18 to 27, the price is €25 per month.

■ AT THE START OF THE TERM

- Report to the International Relations Service to collect your student card and meet your coordinator
- Check your Learning Agreement
- Participate in the orientation week and pre-term meetings
- Take the FLE test
- Add and Drop period, remember to contact your faculty and program coordinator
- Attend the student welcome day September

■ DURING THE ACADEMIC YEAR

► INTEGRATE INTO LYON 3

DINING

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The Crous offers various dining points on campus.

At the Manufacture restaurant, the price is €3.30. You will need your student card to dine.

There is also a Crous bistro at reduced prices: <https://www.univ-lyon3.fr/restauration>

HEALTH

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If you need to see a doctor, you can make an appointment online on the [Doctolib](#) app.

>>> In case of emergency, you can contact SOS doctors at 04 78 83 51 51.

CULTURE

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- Discover the University Library (guided tour scheduled at the beginning of the year):

<https://bu.univ-lyon3.fr/>

- Inquire about workshops and cultural events for students. Opportunities to participate in theater, painting, choir... as well as attending concerts, movie sessions for free:

<https://www.univ-lyon3.fr/culture-1>

- Discover the Culture Pass for €18: 3 live performance tickets and 1 cinema ticket at partner establishments.

SPORTS

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Practice a sport at Lyon 3. Discover the 36-euro subscription for the whole year and the available sports: <https://www.univ-lyon3.fr/le-sport-a-lyon-3-choisissez-votre-formule>

Possibility to do one sport for free (see the different formulas on the above link). You pay for the sports option during your registration - via our registration portal - **or** you can add the option after your registration, from your student portal directly.

NB: if you select the sports option during the registration but do not pay for it immediately, it will pause your registration process for as long as you haven't paid (such as for getting your student card). If you select the option, we advise that you pay for it during your registration or as soon as possible.

SOCIAL

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- Episcia: the solidary and social grocery store at the Manufacture des Tabacs. The grocery store aims to combat food and social insecurity by offering students who are facing financial difficulties the means to eat healthily by buying food, hygiene, and cleaning products at reduced prices.

Check your eligibility on the website:

<https://www.univ-lyon3.fr/episcia-lepicerie-sociale-et-solidaire>

You can find other student aids here: <https://net3.univ-lyon3.fr/les-associations-etudiantes-aident-les-etudiants-a-se-nourrir-sainement?ksession=7691ecd8-d28c-4ce1-94ae-f9148a667c65>

- Join an association: <https://www.univ-lyon3.fr/associations-lyon-3>

■ AT YOUR DEPARTURE

► LEAVING YOUR ACCOMMODATION

Write a termination letter. At least one month before your departure, you must inform your residence/landlord/agency of your departure by writing a termination letter. This letter must be sent by registered mail with acknowledgment of receipt. You can find letter templates online.

► TRANSCRIPT OF RECORDS

Your final transcript will be available after the jury. However, if you need a provisional transcript, you can request one from the International Relations department once you have passed all your exams. Remember to ask International Relations to send your transcript to your home university if necessary. Transcripts are not sent automatically.



9 **Manufacture** des Tabacs

9 Campus des **Quais**

9 Campus de **Bourg-en-Bresse**

WWW.UNIV-LYON3.FR

