



SELF PROGRAM 2025/2026

Alternative dispute resolution

Rachel Scott-Griffiths

Course information

Number of credits: 6 credits

Contact hours: 30 hours

Hours taught per week: 3 hours

Teaching period: Fall 2025

Course description:

Alternative Dispute Resolution is an integral part of the Anglo-Saxon world, having heavy emphasis placed upon it during the formal UK Legal Training (Law Degree), indeed at post graduate level ADR is taught as a mandatory part of the Solicitors Finals Exams (Legal Practice course)

The strong focus on ADR reflects the importance that is placed on ADR in legal practice, but it is not just limited to the world of law ...negotiating and seeking resolution is a skill required in the business world and in our daily life. Although we look at the legal background of this, the course is open and accessible to non-law students.

The course format focuses heavily on current ADR issues and sets them in the context of the Anglo-Saxon system and also in the context of the corporate world. We will consider the

different methods of ADR, how to manage conflict and also how to negotiate settlements of disputes once they arise. We will look at physical, mental and environmental issues that come into play during negotiations. Through the use of scenarios and actual case studies and with the guidance of the tutor students will learn the art of negotiation in a simulated environment.

Course objectives:

To give students a well- rounded view of dispute resolution in a legal framework, to improve interpersonal skills and to improve student's advocacy skills.

Prerequisites:

Students should have a strong interest in conflict resolution and be willing to challenge themselves and not be afraid of taking themselves out of their comfort zone!

Assessment:

Presentation – 50%

Final Exam – 50%

Attendance:

In order to participate, students must be present. Nevertheless, a maximum of 2 (two) unexcused absences will be allowed; otherwise no mark will be given. An unexcused absence at a test (final test or continuous assessment) means no credits for the course.

Bibliography:

www.cilex.org.uk

www.lexology.com

Stuart Sime, Susan Blake & Julie Brownie "A practical approach to Alternative Dispute Resolution " Oxford Press.